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**Richard J. Loewenstein M.D.** is a Senior Psychiatrist and the founder and Medical Director of The Trauma Disorders Program at Sheppard Pratt Health Systems, Baltimore, MD, ranked by U.S. News and World Report as among America's 10 top psychiatric facilities. He is also Associate Clinical Professor of Psychiatry at the University of Maryland School of Medicine. He is a graduate of U.C. Berkeley and Yale University School of Medicine where he did his residency. After a research fellowship at the National Institute of Mental Health in Bethesda, MD, he spent 5 years at UCLA and the West LA VA Medical Center. He is the author of over 50 papers and book chapters on sleep disorders, consultation-liaison psychiatry, dissociation, dissociative disorders, and trauma disorders. He has written chapters on Treatment of Dissociative Amnesia and Fugue for the American Psychiatric Association's book, Treatment of Psychiatric Disorders and is co-author with Richard Kluft, MD of a chapter on Treatment of Dissociative Disorders and Depersonalization in the 2007 edition of Gabbard's Treatment of Psychiatric Disorders. He is co-author, with Frank W. Putnam, M.D., of the section on Dissociative Disorders in Sadock & Sadock's Comprehensive Textbook of Psychiatry, Eighth Edition. He lectures frequently on dissociation and trauma to regional, national, and international groups. He is the founder and director of the Trauma Disorders Program at Sheppard Pratt Hospital including a 20-bed inpatient unit, an outpatient program, a postdoctoral fellowship program, and research, consultation and teaching components. Dr. Loewenstein was co-chair of the American Psychiatric Association President's Task Force on the Biopsychosocial Consequences of Childhood Trauma. In 2008, he was awarded the Cornelia Wilbur award for his contributions to clinical studies of trauma and dissociation by the International Society for the Study of Trauma and Dissociation. He also presented the Pierre Janet annual award lecture to the same organization at their annual meeting in 2008.

### *Recent Committees, Publications, Presentations, Abstracts*

#### **American Psychiatric Association**

2005 - - President's Task Force on the Biopsychosocial Consequences of  
Childhood Violence (co-chair)

#### **International Society for the Study of Dissociation**

2005- - Research Planning Conference on DSM-V

#### **Journal Articles**

1. Carlson, E.B., Dalenberg, C., Armstrong, J., Walker Daniels, J., Loewenstein, R.J., Roth, D., Multivariate Prediction of Posttraumatic Symptoms in Psychiatric

- Inpatients., Journal of Traumatic Stress, Vol. 14, No., 3, 549- 567, 2001.
2. Carlson E.B., Newman, E., Walker Daniels, J., Armstrong, J., Roth, D.; Loewenstein, R.J., Distress in Response to and Perceived Usefulness of Trauma Research Interviews, Journal of Trauma & Dissociation, Volume 4 (2), 131-142, 2003.
  3. Loewenstein, R.J. Dissociation of the “Bad” Parent, Preservation of the “Good” Parent: Commentary on ‘Cherchez la Femme, Cherchez le Femme: A Paradoxical Response to Trauma’, Psychiatry: Interpersonal and Biological Processes, Volume 67 (3), 256-260, 2004.
  4. Loewenstein, R.J. Psychopharmacologic treatments for dissociative identity disorder. Psychiatric Annals. Vol. 35 (8), 666-673, 2005
  5. International Society for the Study of Dissociation Committee on Guidelines for Treating Dissociative Identity Disorder. (Chu, JA (Chair)., Loewenstein, RJ, Dell, PF, Barach, PM, Somer, E, Kluft, RP, Gelinias, DJ, Van der Hart, O, Dalenberg, CJ, Nijenhuis, ERS, Bowman, E.S., Boon, S., Goodwin, J., Jacobson, M., Ross, C.A., Sar, V, Fine, C.G., Frankel, AS, Coons, PM, Courtois, CA, Gold, SN, & Howell, EF: Guidelines for treating dissociative identity disorder in adults. Journal of Trauma and Dissociation, 6(4) 69-149 2005
  6. Dorahy, M.J., McCusker, C.G., Loewenstein, R.J., Colbert, K., Mulholland, C., Cognitive inhibition and interference in dissociative identity disorder: The effects of anxiety on specific executive functions. Behaviour Research and Therapy, 44.749-764, 2006
  7. Vermetten, E., Schmahl, C., Lindner, S. Loewenstein, R.J., Bremner, J.D. Hippocampal and amygdalar volume in dissociative identity disorder. American Journal of Psychiatry. 163.630-636, 2006
  8. Brand, B.L., Armstrong, J.G., Loewenstein, R.J. Psychological assessment of patients with dissociative identity disorder. Psychiatric Clinics of North America. 29. 145-168, 2006
  9. Loewenstein, R.J. DID101: A hands on clinical guide to the stabilization phase of DID treatment. Psychiatric Clinics of North America. 29. 305-332, 2006
  10. Brand, B.L., McNary, S.W., Loewenstein, R.J., Kolos, A., Barr, S.: Assessment of genuine and simulated dissociative identity disorder symptoms on the Structured Interview of Reported Symptoms. Journal of Trauma & Dissociation. 7(1) 63-85, 2006

### **Book Chapters**

1. Loewenstein, RJ & Goodwin, J. (2000) Assessment and Management of Somatoform Symptoms in Traumatized Patients J.M. Goodwin & R. Attias (Eds.) Splintered Reflections: Images of the Body In Trauma,pp 67-88. Basic Book, New York.

2. Loewenstein, RJ (2001) Dissociative Amnesia and Dissociative Fugue. G.O. Gabbard, M.D. (Ed.) Treatment of Psychiatric Disorders, Third Edition, Volume 2, pp. 1623-1652. American Psychiatric Press, Washington, D.C.
3. Loewenstein, R, Putnam, F (2004) The Dissociative Disorders. In H.I. Kaplan and B.J. Sadock 's Comprehensive Textbook of Psychiatry, Eighth Edition, BJ Sadock and VA Sadock (Eds.) pp 1884-1901. Williams and Wilkins, Baltimore, MD.
4. Kluft, RP., Loewenstein RJ, & Simeon D, (2006). Melinda Who? Treating Dissociative Identity Disorder . In Spitzer, RL, First, MB, Williams, JBW, & Gibbons, M. (Eds.) DSM-IVTR Casebook. Volume 2: Experts Tell How they Treated Their Own Patients. pp 293-306. American Psychiatric Press, Washington, DC
5. Kluft, RP & Loewenstein, RJ (2007) Treatment of Dissociative Disorders and Depersonalization. G.O. Gabbard, M.D. (Ed.) Treatment of Psychiatric Disorders, Fourth Edition. American Psychiatric Press, Washington, D.C.
6. Loewenstein, RJ (2007) Dissociative Identity Disorder: Issues in the Iatrogenesis Controversy. E. Vermetten, M. Dorahy, D. Spiegel (Eds.) Traumatic Dissociation: Neurobiology and Treatment. pp. 275-299. American Psychiatric Press, Washington, D.C.

#### **Abstracts:**

1. Williams, T.L., Loewenstein, R.J., Gleaves, D.H. (2004). Exploring assumptions about DID: An investigation of suggestibility, hypnotizability, fantasy proneness, and personality variables. Proceedings of the ISSD, New Orleans, LA
2. Brand B., McNary, S., Dell, D., Kolos, Hood A.K., Bowman, L., Gershovsky, P., Barr, S., Loewenstein RJ (2004). Malingered DID: Preliminary Results on Psychological Tests and a Structured Interview. Proceedings of the ISSD, New Orleans, LA
3. Dorahy, M., McCusker, C., Loewenstein, R.J., Colbert, K., Mulholland, C. (2004). The effects of anxiety and threat stimuli on specific working memory functions in DID: An experimental investigation. Proceedings of the ISSD, New Orleans, LA
4. Brand, B., Armstrong J.A., Loewenstein, R.J. (2005). The Unique Rorschach Profile Of Severely Dissociative Patients: Results Of 100 Cases. Proceedings of the ISSD, Toronto, Canada
5. Brand, B., McNary, S., Dell, P. Amie Kolos, A. Pohlner, M., Pulliam,L. Stevens,E. Loewenstein, R..J. (2005). Distinguishing Simulated from Genuine

- DID on Psychological Tests and a Structured Interview. Proceedings of the ISSD, Toronto, Canada
6. Williams, T.L., Loewenstein, R.J., Gleaves, D.H. (2005). Dissociative Identity Disorder: Discriminating Fact from Fiction. Proceedings of the ISSD, Toronto, Canada
  7. Bell, C.C., Felitti, V.J., Fink, P.J., Harris, W., Kessler, R., Lanius, R., Loewenstein, R.J., Putnam, F.W., Warshaw, C.L.. (2006). Report of the President's Task Force on the Biopsychosocial Consequences of Childhood Violence. Proceedings of the American Psychiatric Association's 58<sup>th</sup> Meeting on Psychiatric Services. New York, NY
  8. Dalenberg, C., Carlson, E.B., Gold, S., Loewenstein, R.J. (2006) Dissociation and Traumatic Stress: How Are They Related? Proceedings of the ISTSS, Los Angeles, CA p. 112
  9. Loewenstein, R.J., Brand, B.L., Williams, T.L. (2006). Panning for the Truth about DID: What are the Myths and Who are the Fakers? Proceedings of the ISSD, Los Angeles, CA p. 23-24

### **Workshops and Presentations**

1. Loewenstein, RJ: Recent Research on Dissociative Identity Disorder (DID): Neurobiology, Suggestibility, and Personality Structure. University of Maryland, Department of Psychiatry and Behavioral Sciences, Grand Rounds, January 15, 2004
2. Loewenstein, RJ: The Butterfly Effect: Dissociative Disorders and the Media. Maryland Psychiatric Society January CME Program, January 24, 2004.
3. Loewenstein, RJ, Kluft, RP. Diagnosis & Treatment of Dissociative Disorders 2004: A Comprehensive Approach. Chesapeake Health Education Program, Perryville, MD, April 15, 2004.
4. Kluft, RP, Loewenstein, RJ. Legacy of Trauma XI: Trauma, Dissociation and Clinical Practice: New Perspectives and Treatment Implications. Southern California Study Group, ISSD , Los Angeles, CA, March 4, 2004. (all-day workshop)
5. Kluft, RP, Loewenstein, RJ. Legacy of Trauma XI: Trauma, Dissociation and Clinical Practice: New Perspectives and Treatment Implications. Trauma & Dissociation Study Group/ ISSD Southeast Michigan Chapter, Beverly Hills, MI, May 21, 2004. (all-day workshop)

6. Loewenstein, RJ: Recent Research on Dissociative Identity Disorder (DID) at Sheppard Pratt Health Systems. Sheppard Pratt Psychiatric Grand Rounds, March 16, 2005
7. Kluft, RP, Loewenstein, RJ. TRAUMA, DISSOCIATION and CLINICAL PRACTICE: New Perspectives and Treatment Implications. Mt. Sinai Hospital Auditorium, Toronto, Ontario, Canada, Friday, April 8, 2005. (all-day workshop)
8. Kluft, RP, Loewenstein, RJ: TRAUMA, DISSOCIATION and CLINICAL PRACTICE: New Perspectives and Treatment Implications. Stern Auditorium, Mt. Sinai Hospital, New York City, New York, Friday, May 13, 2005. (all-day workshop)
9. Loewenstein, RJ: How does the clinician work with the science and politics of delayed recall for trauma in psychotherapy? Dilemmas, ambiguities, and conundrums. Third Annual Patricia A. Myers Conference. Delayed Recall of Childhood Abuse and Neglect: Understanding "Recovered Memories". Cincinnati Children's Hospital Medical Center, Cincinnati, OH, September 6, 2006